

Our Butterflies Daily Routine 3-5years old

7am

Centre opens.

7am-8am

Children start the day in the caterpillar room (0-3years). During this time, we are engaged in combined free indoor/outdoor play. Older children assist educators in daily duties as we set up the environment & water our plants/trees indoors and outdoors. Sunscreen needs to be applied as the children arrive.

8am-8.15am

Butterflies children (3-5years) transition to own room and have Group time & 'What you would like to do today' –child input into program.

Acknowledgement Time. Educators use the clapping sticks to call the children to the circle then we pay respect to the land & the Aboriginal owners of our land.

8.15am-10.50 am

Free Indoor/Outdoor Play

Our program is play based on children's interest & extended plans. If the weather is wet/too hot or too cold, we remain indoors and gross motor experiences are provided indoors or on verandah to encourage the children to use their larger muscles and be active.

8.50am

Transition to morning tea.

9am-9.30am

Progressive Morning tea, Children are encouraged to serve and feed themselves.

10.50am

10 minutes reminder to start tidy up time for all children to get ready for Schoolies Time (Intentional Teaching/ Group time)

11am- 11.20am

Children Separate into 2 groups

Transition to School Lesson (4-5year olds)

Little Schoolies (3-4year olds)

11.20 am

Transition indoors to prepare for lunch & rest time.

Children wash hands, get their sheets from their bags and are encouraged to set up own bed. During this time we also reflect on our morning, what we enjoyed most and what we would like to do later on.

11.30am

Lunch time

Children have the opportunity to serve their own meals, fruit & water. Once they have completed their meals, they place their food scraps in our scrap bowl, stack plates and cups on lunch trolley. We use our food scraps to feed our worm farm.

12pm

Transition to bathroom.

Children sit on the transition mat while we sing or share our special news with peers.

12.15pm-2pm

Rest & relaxation time

Children are encouraged to sleep or just lay down on own beds while listening to relaxation music. Having a rest ensures our body and brain develops and grows well. The older Children who do not want to sleep are involved in quiet time activities to help them rest & relax their bodies.

1.15pm - 2pm

Quiet activities. As children start to wake up, they are encouraged to pack away their sheets; put socks and shoes on, use toilet, then get involved in quiet activities while peers start to wake up.

2pm-2.10pm

Acknowledgement Time. Educators use the clapping sticks to call the children to the circle then we pay respect to the land & the Aboriginal owners of our land.

Health & Hygiene discussion.

Sunscreen application.

2.10pm

Transition to afternoon tea time.

2.15pm-2.45pm

Progressive Afternoon tea. Children are encouraged to serve own meal

2.40pm-3pm

Music & Movement Program

3pm-4pm

Free indoor / outdoor play (depending on weather)

4pm

Transition to late supper

4.10pm-4.30pm

Progressive Late supper

4.30pm-6pm

Free indoor/outdoor play depending on the weather.

5.30pm-6pm

Combine both groups together in 3-5 years room.

6pm

Centre closed

The centre has a flexible routine, which means we support what the children are interested in doing most and we do not hurry the child. Everyone is encouraged to complete their task at their own preferred pace. If the children would like to remain indoors for free play, we do so but provide gross motor opportunities indoors to ensure they still get equal time of active play.

With the new National Quality Framework in Early Childhood, our programs aim to teach children and develop their skills through play as well as intentional teaching opportunities. Family input and feedback is also vital for our program to ensure we are forming strong links between home and the early childhood setting.

For more information, please see our friendly educators



Last Updated 15.2.2019

